**Instagram Post – Sample Captions**

Sample 1:

What if we all gave on one day? We can! On November 29th Barth Syndrome Foundation will participate in 24 hours of unprecedented giving – #GivingTuesday. Mark your calendars to help support our cause!

Help us meet our $100,000 goal! Together we can take on #Barthsyndrome and be #BarthSTRONG #thisisbarthsyndrome #togetherwecan #barthsyndrome

TOGETHER WE CAN TAKE ON BARTH SYNDROME!!!

Sample 2:

Barth syndrome is ultra-rare. Affected individuals may suffer from heart failure, muscle weakness, and infection. Importantly, Barth syndrome is life-threatening and devastating. Every year we lose too many babies, children and young men in our global community to complications of the disease.

Please consider giving to our #GivingTuesday campaign and give more Tuesdays to people with Barth syndrome.

Help us meet our $100,000 goal! Together we can take on #Barthsyndrome and be #BarthSTRONG #thisisbarthsyndrome #togetherwecan #barthsyndrome

Sample 3:

Together we give. Learn how your generosity makes a difference on #GivingTuesday: URL

Please consider giving to our #GivingTuesday campaign and give more Tuesdays to people with Barth syndrome.

Help us meet our $100,000 goal! Together we can take on #Barthsyndrome and be #BarthSTRONG #thisisbarthsyndrome #togetherwecan #barthsyndrome

Sample 4:

There’s a fundamental truth that gives us hope – that together we can do extraordinary things. Join us on #GivingTuesday and let’s rally tomeet our $100,000 goal! Together we can take on #Barthsyndrome and be #BarthSTRONG #thisisbarthsyndrome #togetherwecan #barthsyndrome